

Detection list (list of meridian)

Name : Example

Sex : male

Age : 59

Height : 178cm

Weight : 89kg

Detection time : 2013-09-30
17:17

	L2 (asthenia syndrome)	L1 (more deficiency)	Mean=11.9	H1 (more excessive)	H2 (sthenia syndrome)
	Left side				
LU		01 = 8			
LI			02 = 9		
ST		03 = 8			
SP					04 = 33
HT			05 = 13		
SI	06 = 5				
BL		07 = 7			
KI	08 = 5				
PC	09 = 4				
SJ		10 = 8			
GB		11 = 8			
LR	12 = 5				
	Right side				
LU				01 = 15	
LI					02 = 28
ST		03 = 7			
SP					04 = 31
HT					05 = 21
SI			06 = 11		
BL	07 = 6				
KI		08 = 8			
PC					09 = 22
SJ	10 = 0				
GB		11 = 9			
LR			12 = 15		
	Yin/Yang =1.69	Upper/Lower=1.02	Left/Right=0.66	Max/Min=2.60	

Five interpretation system

Item	Tested value	Normal value	Description
Physical ability	11.9	25--55	#Obvious decrease Body resistance drop significantly, severe fatigue and nutritional imbalance, body energy declined.
Yin/Yang	1.69	0.8--1.2	#Overabundant Yin & insufficient Yang shows lower metabolism level. A long-term yin and yang disequilibrium ,prone to diabetes mellitus and hypothyroidism.
Upper/Lower	1.02	0.8--1.2	#upper and lower balance Stable heart and kidney function. Peaceful mind.
			#non-normal range

Left/Right	0.66	0.8--1.2	Stiffness of muscle and joint, there is pain, if the age and blood pressure problems easily lead to a stroke
Max/Min	2.60	<=2.0	#autonomic nerve functional disorder Mental stress, characterized by emotional fluctuation, poor sleep

This report is provided only for reference.

Histogram report

Name	Example	Sex	male	Age	59
Height	178cm	Weight	89kg	Dete. time	2013-09-30 17:17

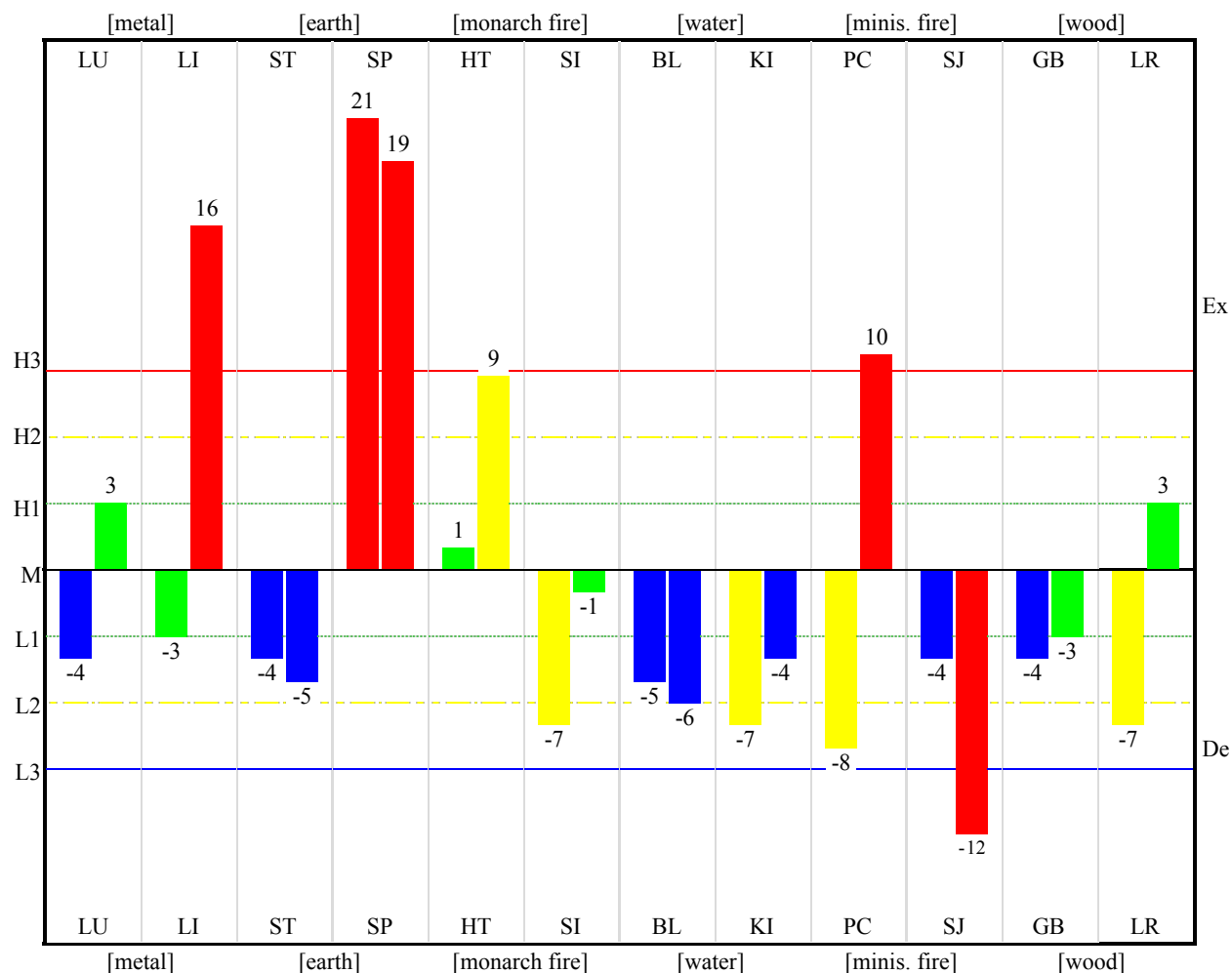


Illustration:

1. (Red) histogram indicated serious symptom, (Yellow) histogram indicated asthenia syndrome or athernia syndrome, (Blue) histogram indicated more deficient or more excessive, (Green) histogram indicated healthy status;
2. The upper is excessive sign, the lower is deficient sign.

Five interpretation system

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Physical ability	12.0	25--55	#Obvious decrease Body resistance drop significantly, severe fatigue and nutritional imbalance, body energy declined.
Yin/Yang	1.69	0.8--1.2	#Overabundant Yin & insufficient Yang shows lower metabolism level. A long-term yin and yang disequilibrium ,prone to diabetes mellitus and hypothyroidism.
Upper/Lower	1.02	0.8--1.2	#upper and lower balance Stable heart and kidney function. Peaceful mind.
Left/Right	0.66	0.8--1.2	#non-normal range Stiffness of muscle and joint, there is pain, if the age and

			blood pressure problems easily lead to a stroke
Max/Min	2.60	<=2.0	#autonomic nerve functional disorder Mental stress, characterized by emotional fluctuation, poor sleep

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Detection report

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Interpretation guides

- (1)Part of illness can't detect after take medicines or health care products.
- (2)False detection result will appear when tired or unwell rest.
- (3)Unbalance caused by kinds of reasons. Result is different every time.
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Diversity analysis of 12 meridian

Serial number	Item	Illustration
1	lung meridian appears cross	respiratory system (lung meridian appears cross)
2	pericardium meridian appears cross	circulation system (pericardium meridian appears cross)
3	1 (lung), 2 (large intestine) in high energy	cold, respiratory tract inflammation or dermatitis
4	7 (urinary bladder) in low energy	80% show to have vertebra bone suffer(backache),20% urinary system disease
5	8 (kidney), 10 (trijiao) in low energy	physical ability is low, yin/yang ratio is not normal, could be diabetes and bad eyes function .
6	10 (trijiao) in low energy	chronic disease ,immunity function drops
7	10 (trijiao), 11 (gallbladder) in low energy	migraine, headache, dizzy
8	11 (gallbladder), 12 (liver)	must pay attention to abnormal liver function,bad eye

	in low or high energy	function
9	12 (liver) in low or high energy	right side 12 is normal ,left side 12 is abnormal ,it is meridian disease, liver fire high and insufficient sleep
Item		Suggestion
#most probable question#		
inflammation on respiratory tract		eat more food which contain higher vitamin A,C,E. stoping smoking, to avoid smoking and alcohol, use food treatment like:crystal sugar, pear, Fructus Momordicae, boat-fruited sterculia.GV products:Dendrobii
stomach discomfort (insufficient gastric acid)		eat more food and vegetables which have no stimulation and easy to digest, the vegetables, eat regular and in time, to chew carefully, less food but more times,relax when eat, keep spirit happy, pay attention to rest well.drink more lemonade water. GV products:Agaricus, Houtou, Weikang
significent endocrine disturbance ,can cause insomnia, multi-dreams as well as the hormone secretion suffers injury and appears the decrease of the mental and physical strength.		suggest to eat more the food which contain high protein and vitamin B and C, chinese yam, soybean milk, daily life is normal, Caresses the mood evenly, may practice the Yoga GV products:Maca
syndrome of vertebrae		keep fine sitting posture and standing posture; pay attention to rest, to avoid a long time standing and inactivity, to do more healthy massage and physical treatment, .GV products: Glucozamina condroitina sulfat, Calcium
active phase of rheumatism		to avoid the place that you can get wet in the rain, catch a chill and moisture. Eat less food with high protein, like meat food, eat more light food. GV products: Tongning
coronary artery ischemia		reduce the pressure,keep on psychologic equilibrium, keeg normal and regular lifestyle, eat more black fungus,nut, eat less high cholesterin food. GV products: Ganoderma, Rodiola
migraine,headache ,dizzy		stablize emotion, often take a walk relaxly,eat more light food, high protein ,high calcium supplement, eat more fresh fruit and vegetables .GV products: Houtou, Agaricus
#potentiality#		
liver meridian shows that liver has hepatic fire ,easy to be angry. insufficient sleep		Eat more food which contain higher vitamin B,C,E.i.e. black fungus ,fungi; less eat fry and stimulus food, keep delighted mood. GV products: Barbary, Ganoderma
has the tendency to hyperplasia of prostate		pay attention to rest and individual physiological hygiene,to avoid bear tightly and airtight suit and trousers, eat more red food, i.e. drink wine , please prohibit alcohol. GV products:Barbary
arteriosclerosis, the blood pressure are not stable.		properly balance work and rest , control emotion, eat more food which help to clean the blood-fat, i.e.black fungus,fungi, vegetables, fruit, eat less the food with high cholesterol, high fat, high salinity. GV products: Radix notogindeng,Weikang,Cordiceps
Immunity function stimulated (exclude inflammation, allergy and own immunological disease)		regulate psycho,keep on optimistic mind, take part in more outdoor exercise, communicate more with family members, friends, colleagues,to take part in signicant activity, keep on vigorous body status. GV products: Ganoderma, Dendrobii +

	Grape seeds extract
has the tendency of Vertebra osseous proliferation or osteoporosis	rational diet, increasing outdoor exercise, proper calcium, proper exercise, i.e. walking, jogging, etc. GV products: Glucosaminoglycan sulfate + Maca, Barbary or Calcium
The kidney shows weak signs, might have sore and pain on waist	maintain enough sleep, suggested to have kidney physical therapy, eat black food. GV products: Dendrobium, Houtou
The blood fats or the blood count thickness are relatively high	eat more food which help to clean the blood-fat, i.e. black fungus, fungi, vegetables, fruit, eat less the food with high cholesterol, high fat, high salinity. GV products: Ganoderma, Houtou, Xianggu, Hoodia slim (if the person weights more than normal)

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List of excess and deficiency

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Excess and deficiency manifestation of 12 meridians

Item	Excess and deficiency	Can be appear symptoms
spleen meridian (foot-taiyin)	excessive sign	The appetite is not stable,gastric distention,pain at the lower part rib, vomiting, exhaust, pain on foot, knee, joint, Toe movement difficult, losing sleep
large intestinal meridian (Hand - yangming)	excessive sign	constipation, the abdomen painfully swollen, headache, pain on shoulder,forearm and finger, body heat, dry mouth and getting worse when temperature is high.
Sanjiao meridian (hand-shaoyin)	deficiency sign	Upper limb is weak and numb, face pale, the breath is weak or shallow, feels cold, the urine are few, the spirit and the body are tired, melancholy, muscle loose and not powerful, problem with hearing,

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Physiological symptom

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spleen: physiological excited related position: inhibited point:Shangqiu

Physiological Symptom:

Pay attention to the pathological change on circulation and digestive system. Attention on spleen,pancreas,stomach, brain, intercostal nerves and related organ diseases. The following problems are common: poor appetite, frequent urination, blood produce function poor which affect color and permeability of skin.

Suggestion:

Eat on time, drink more water, eat less food which are cold and oily foods, eat more high fiber and high vitamin foods, eat more food which can help eliminating phlegm,i.e. radish,semen coicis, lablab,lotus seeds, lotus root, tomato, green gram, ect.recipe:hoelen pig bone soup, soup with sea kelp, soup with winter melon and duck, soup with carrot and corn.

large intestine: physiological excited related position:skin,oral cavity,tooth,tongue, nose inhibited point:Erjian

Physiological Symptom:

Pay attention to the pathological change on digestive system. Attention on large intestine ,tooth, nose, skin, mouth, tongue and related organ diseases. The following problems are common: shoulder pain,toothache, abnormal skin,dry throat,ect.

Suggestion:

eat more vegetables and crude fiber foods, try to avoid eating spicy foods, eat more fruit, vegetables and bitter taste of foods.

lymph: physiological asthenia related position:lymphatic vessel, ear, eye, neck, chest ,abdomen excited point:Zhongxu

Physiological Symptom:

Pay attention to the pathological change on immune system. Attention on lymphatic vessel, ear, eye, neck, chest ,abdomen and related organ diseases. The following problems are common: stomach blockaging, short of breath, body weakness and weary,ect

Suggestion:

Should have the enough protein every day to take, eat more foods which contain high iron ,i.e. spinach. Eat more lean meat,egg,milk, sea food,strengthen self health care, raising immune function, Rest at the noon,try to avoid the following food: not cooked, cold, can eat some red Jujube . keep on good mood.

blood vessel: physiological excited related position:heart,intercostal,blood vessel inhibited point:Daling

Physiological Symptom:

Pay attention to the pathological change on circulatory system. Attention on Heart,intercostal,blood vessel and related organ diseases. The following problems are common: arm sickness,chest distention, armpit swelling or pain,ect

Suggestion:

reduce your pressure or tension, maintain psychologic balance, balance working and rest. eat more black fungus, nuts, eat less high cholesterol foods, high fat, high salt and spicy foods.

Beauty report

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Facial problem caused by Zang and FU

Problems meridian	Excess and deficiency	Possible facial problem and suggestion	
spleen meridian (Foot-Taiyin)	excessive sign	probable question	spleen meridian is being long-term excessive sign: Skin easy greasy
		suggestion	
large intestinal meridian (Hand-yangming)	excessive sign	probable question	large intestinal meridian is being long-term excessive sign: easy to have acne or chloasma
		suggestion	

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